



23 March 2026

Sherwood Junior School Newsletter

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Dates for your diary



This week...

Monday 23 March - No school clubs this week

Tuesday 24 March - 4B Library Visit

Tuesday 24 March - Book Fair in lower hall at 3:20pm

Wednesday 25 March - Book Fair in lower hall at 3:20pm

Thursday 26 March - Easter service at Church

Thursday 26 March - Book Fair in lower hall at 3:20pm

Friday 27 March - Deadline for British Science Week Poster Competition entries (to Mrs Murphy)

Friday 27 March - Last day at school

Monday 30 March - Friday 10 April - Easter holiday (school closed)

Next (school) week...

Monday 13 April - Children back to school

Friday 17 April - 3H swimming starts

Details for any future trips or events will be provided nearer the time.

Summer Term

Monday 20 April - Year 4 visit to Bestwood Park

Tuesday 21 April - Wednesday 22 April - Year 5 residential to Mill Adventure Base

Monday 27 April - Class Photographs (am)

Friday 1 May - Deadline to order Year 6 Leavers' Hoodies via ParentPay

Monday 4 May - Bank Holiday (school closed)

Monday 11 May - Thursday 14 May - Year 6 SATs

Thursday 21 May - Last day at school

Friday 22 May - INSET (children not in school)

Monday 25 May - Friday 29 May - Half term holiday (school closed)

Monday 1 June - children back to school

Monday 8 June - Wednesday 10 June - Year 6 residential to Hagg Farm

Friday 24 July - Last day at school

Monday 27 July - INSET (children not in school)

Tuesday 28 July - School holiday (school closed)

Easter Raffle



REMINDER

Egg-citing News — Our Annual Easter Raffle Is Back!

We're delighted to announce the return of our **Easter Raffle!**

Tickets, for a chance to win some chocolatey prizes, will be sold *by year group* from **Monday 23 March** during morning break.

You can buy:

- **20p for one ticket**
- **£1 for a strip of five**

Children can purchase tickets in their year groups, and parents/carers are also welcome to buy tickets from the **school office** for a chance to win some egg-cellent prizes!

Raffle Draw

Winners will be drawn on **Friday 27 March**, just before the children break up for the Easter holidays.

Good luck to everyone taking part, and **Happy Easter!**

Red Nose Day

We would just like to say thank you to all the pupils and staff that took part in Red Nose Day - we raised a fabulous £111 for the charity - amazing work Sherwood!



Sherwood Junior School's Scholastic Book Fair



The Book Fair will be in school and available for children to visit from **Tuesday 24 March until Thursday 26 March**. The Book Fair will take place in the lower hall at 3.20pm afterschool for the children to visit with their parents/carers.

The children will also be given an opportunity to visit the book fair during the school day on Tuesday with their teacher to see what books are on offer. You can help make a difference by purchasing from our Scholastic Book Fair, as every purchase earns our school rewards which we can spend on free books to stock our library and classrooms!

Thank you in advance for your support.

Meningitis - Nottinghamshire

We have been asked to share a message and information from the Nottinghamshire County Council Public Health Team -

Dear Parents/Carers,

You may have seen news stories about the meningitis cases in Kent. We know this can be worrying but would like to reassure you that this situation is very rare, and we have not seen cases linked to the outbreak here in Nottinghamshire. Meningitis is passed on through close contact with another person and the risk of catching it is low. However, it can be very serious

if not treated quickly, so we encourage all parents of children and young people and students to be aware of the signs and symptoms:

- **Sudden onset of high temperature (fever)**
- **Severe and worsening headache**
- **Stiff neck**
- **Vomiting and diarrhoea**
- **Joint and muscle pain**
- **Dislike of bright lights**
- **Very cold hands and feet**
- **Seizures (fits)**
- **Confusion/delirium**
- **Extreme sleepiness/difficulty waking**
- **A rash that doesn't fade when pressed with a glass**

MenB vaccines are only available on the NHS to those aged under 2 years, unless you are in the specific groups being offered it in response to the Kent outbreak. Other free vaccines also protect against diseases that can cause meningitis. We encourage families and young people to check whether they have missed any of their routine vaccinations. You can do this by contacting your GP practice online or by phone.

The school vaccination service is offering catch-up clinics for secondary school aged children over the Easter holidays. See [SAIS catch-up clinics | Nottinghamshire County Council](#) for further information.

For more information, please see:

[Meningitis - NHS](#)

[Meningitis: Parents, young people and students urged to check vaccination status - NHS Nottingham and Nottinghamshire ICB](#)

MenACWY vaccination information (offered to young people in Year 9 or 10, catch-up vaccination available free before 25th birthday):

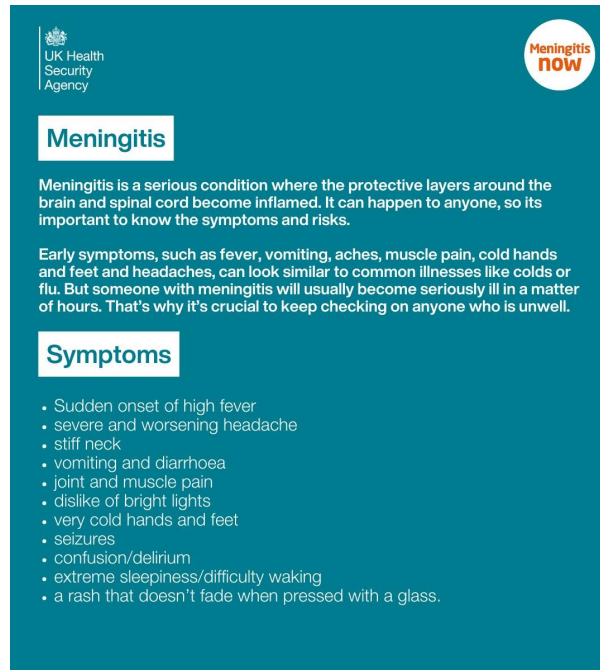
[MenACWY vaccine: information for young people - GOV.UK](#)

[Meningitis and septicaemia – information for students in schools and sixth form colleges \(text only\) - GOV.UK](https://www.gov.uk/government/consultations/meningitis-and-septicaemia-information-for-students-in-schools-and-sixth-form-colleges)

Please also see the attached posters for further information and guidance.

Thank you for your attention,

Nottinghamshire County Council Public Health Team



UK Health Security Agency

Meningitis

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. It can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

Symptoms

- Sudden onset of high fever
- severe and worsening headache
- stiff neck
- vomiting and diarrhoea
- joint and muscle pain
- dislike of bright lights
- very cold hands and feet
- seizures
- confusion/delirium
- extreme sleepiness/difficulty waking
- a rash that doesn't fade when pressed with a glass.

Meningitis NOW

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently. Early treatment can be life-saving.



UK Health Security Agency

MENINGITIS + SEPTICAEMIA

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. Septicaemia is when the bacteria enter the bloodstream to cause blood poisoning. They can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis or septicaemia will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

MENINGITIS SYMPTOMS?

- fever
- a very bad headache (this alone is not a reason to get medical help)
- vomiting
- stiff neck
- dislike of bright lights
- rash (DO NOT wait for a rash to appear before seeking medical advice)
- confusion, delirium
- severe sleepiness, losing consciousness
- fits

SEPTICAEMIA SYMPTOMS?

- fever and shivering
- severe pains and aches in limbs and joints
- vomiting
- very cold hands and feet
- pale or blotchy skin
- rapid breathing
- diarrhoea and stomach cramps
- red or purple 'bruised' or blotchy rash on skin that does not fade under pressure - do the glass test. On dark skin, check paler areas of the skin, such as the palms of the hands, soles of the feet, inside the mouth (roof), and the eyelids
- difficulty walking or standing
- severe sleepiness, losing consciousness

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

EARLY TREATMENT CAN BE LIFE-SAVING.

Meningitis NOW

Mental Health Support Team's (MHST) Spring Newsletter

Please see attached a copy of the Mental Health Support Team's Spring Newsletter, providing updates and information regarding support available to parents/carers and their children.



MENTAL HEALTH SUPPORT TEAM Parent/Carer Newsletter **Spring EDITION 2026**

Nottinghamshire Healthcare NHS Foundation Trust

"The greatest gift you can give yourself is the gift of belonging" - Steven L. Baker

We commenced February enjoying Children's Mental Health Week. This year the theme was "My Place". We wanted to continue this theme into spring by thinking about a sense of belonging and explore how this can be nurtured to help your child/young person feel a strong sense of belonging.

Children's Mental Health Week 2026

Children's Mental Health Week is a national annual event to highlight positive strategies to help children & young people develop and maintain good mental health. This year's theme was "My Place" - helping children feel they belong.

What is belonging & why it matters:
Belonging means feeling like you are part of a group, a community, or a place. It is about knowing you have a place where you feel safe, accepted and valued. Belonging is a basic human need and crucial for our mental health and wellbeing. For children, belonging is especially important as it helps them:

- develop emotionally,
- understand who they are,
- feel safe.

When children feel they belong, they are more willing to try new things, be creative, and make strong friendships.

Belonging vs fitting in
Sometimes, when children do not feel they belong, they try to "fit in" by changing themselves. This can help them make friends or join groups. But fitting in is different from belonging. If children have to change who they are or what they believe in, it can hurt their self-esteem and sense of identity. True belonging allows children to be themselves and feel valued.

Click the heart for ways to support your child at home!

Help children about belonging

Here are some things you can try at home:
Families - Children's Mental Health Week

Last year's festive fun

As we commence the season of Spring we wanted to reflect back on the last year, considering how the MHST belong in your schools. The festive fun we enjoyed and shared within your schools gave us a real sense of belonging as it was a time to come together to reflect, rejoice and make plans for the future. Below are some photos that capture the fun had in one of our schools.

Lawrence View Primary - Christmas Fair Friday 9th December 2025.
Our Mental Health Nurse and Support Worker Wayne, taking a lucky dip from the Happy Notes created by the school Mental Health Ambassadors.

Parent Corner

We all hear the term belonging and you likely have ideas, places and people that come to mind when you consider who/what you belong to, but what does it truly mean to belong?

Belonging is a basic human need and impacts upon our wellbeing, health and relationships. It begins within with positive self-acceptance and is influenced by our connections with others, our communities and our experiences.

When we feel that we belong, it empowers us to contribute to the world and make a real difference. So nurturing a sense of belonging for your child is very important and here are so top tips on how to do this

Spotlight on Belonging

Top Tips for creating a sense of belonging for your child/young person

- ▶ FOSTER CONNECTIONS
- ▶ EMBRACE/NURTURE YOUR/THEIR HERITAGE
- ▶ CREATE FAMILY RITUALS
- ▶ SPEND QUALITY TIME TOGETHER
- ▶ COMMUNICATION IS KEY.

Click on the icons for further information/top tips to create a sense of belonging in your family

MHST MENTAL HEALTH SUPPORT TEAM

Parent/Carer Newsletter



MHST Parent Offer

Without a Referral:

- Talk to us at Parents Evening Stands
- Children's Emotional Health and Wellbeing Webinar
- Understanding Your Teen Webinar
- Self-harm Webinar

With a Referral:

- Managing Anxiety with your Child (MAC) Group
- Neurodiversity and Anxiety Parent (ND&A) Group
- Forever Families Group (Positive Behaviour Management)
- Parent Adolescent Relational Training (PART) Group

Activity Ideas to try at Home...

Younger children activities:

- Draw a picture of yourself and write down all the amazing and unique things about you. Ask people you trust like family and friends to add things they like about you!
- Have a look at this art activity on making a map!
Click on the map to look at more instructions.

Older young people activities:

- Create a 'web of connections' to look at who you have for support around you!
Click on the web to watch a video on how to do it!
- Have a think about who supports you and where you feel safe. When was the last time you went there or spoke to them? Make a plan of how to do this again.
Example: go to a club you haven't been to in a while, or spend some time with a friend you haven't seen recently!

Feedback

Thank you for the help and support you've given my child over the last few months. I really appreciate the fact and caring staff looking after my child and the support you've given me. I really do appreciate with you a helpful and supportive team, it's so grateful for you and for help.

Parent (Parent Group) really helped with understanding my child's needs more and understood that I am doing the right thing, we are a lot calmer with her now we have a better understanding of her needs.

Parent (Parent Group) really helped with understanding my child's needs more and understood that I am doing the right thing, we are a lot calmer with her now we have a better understanding of her needs.

Calendar dates Spring 2026:

| | | | |
|---|--------------------------------------|---|--------------------------|
| 20/3/26 UN International Day of Happiness | 2/4/26 World Autism Awareness Day | 3/5/26 International Family Equality Day | June 2026 PRIDE month |
|---|--------------------------------------|---|--------------------------|

Referral Information

If you and your child could benefit from a referral for targeted work, either ask to speak to the Mental Health Lead in your child's school, or refer yourselves...

Follow this QR code for the online self-referral form.

Select that you are a Parent/Carer of a child at an MHST school and specify your child's school on the drop down.

This helps the MHST get your referral as promptly as possible.

Find out more about the MHST and look at resources on our webpage: [CAMHS - Mental Health Support Teams](#)

Find Notts Healthcare Mental Health Services online...

Useful Contact Details

CAMHSline: 0800 1111
Samaritans: 116 123

If you develop significant concerns about your child's safety and wellbeing, you can call these numbers for advice and support:

CAMHS Crisis Team: 0115 844 0560
24 Hour All Ages Crisis Number: 0800 196 3779
Always dial 999 or visit A&E in emergencies

Special Mention





We would like to give a special mention to one of our Year 5 pupils - Cora!

She received The King's Award for Voluntary Service from the Lord-Lieutenant of Nottinghamshire for her work as a Junior Volunteer at the Sherwood Observatory - what a fantastic way to spend your time Cora, well done!

Golden Tickets



Golden tickets are awarded by our Senior Leaders and SENCO (Mrs Simpson, Mrs Bradbury, Mrs Seals, Mrs C Jackson & Mrs Naylor) to individuals, groups or the whole class for demonstrating our school core values, including their attitude to learning and behaviour. Each of the 5 staff members have 20 golden tickets to present each week. Each class collects their golden tickets and a weekly total is shared in assembly. The overall scores are displayed on our leader board in the upper hall. The class with the most golden tickets at the end of the half-term receives **£50** to spend on a treat!

Well done to **5B** for being golden ticket winners for last week and achieving an amazing **7** golden tickets!

Well done to **3M & 4B** who are our overall leaders and are therefore joint winners of the £50 golden ticket prize for this half-term!

Attendance



The overall attendance for last week was 94.7%

192 pupils had 100% attendance during last week - amazing work Sherwood!

We monitor the children's attendance every day and will contact parents where there are concerns. If your child is unwell, please contact the school office to inform us of your child's absence.

Last week's attendance winners were:

1st: 4S - 97.3% **Superb!**

2nd: 6P - 96.9% **Brilliant!**

3rd: 3B - 96.1% **Amazing!**

Recent Illness or Concern

Information on what to look for and when and where to seek help if you're concerned about an illness that your child may have recently developed (NHS Nottingham and Nottinghamshire Health and Care)

[Child 5 - 11 Years](#)

Too ill to attend school?

Please see the NHS school checklist poster for a quick guide of when to keep your child off school

[Should I keep my child off school checklist poster](#)

Pharmacy first Minor ailment

Here's a reminder about the Pharmacy First Minor Ailment information. It covers the ailments that can be assessed and treated, if needed within the pharmacy without the need for a GP appointment usually on the same day (unless the condition is particularly severe or complex) enabling the child to return to school sooner than waiting for an appointment, starting antibiotic treatment more quickly if needed or offering over the counter medication to enable the condition to be eased and facilitate return to school.

Use the link below to find pharmacies in the area providing the services.

<https://pharmacyfirstnottinghamshire.com/>



Tea Party

Well done to this week's group of Tea Party winners - you're all superstars!

Children receive a certificate, a treat and then attend a 'Tea Party' to have a drink, a treat and play games - how exciting!

Every week, our Class Teachers celebrate pupils who shine by demonstrating our Core Values—Accountability, Resilience, and Respect. Winners might show these qualities in their learning, during play or through their consistent attitude all week. It's our way of recognising and rewarding those special moments that make our school community thrive!

3H Jude - For a fabulous recount of the trip and always being **accountable** for his learning

3M Harper - For her **resilience** when joining her handwriting and improving presentation

4S Ava-May - For her **resilience** in maths this week

4B Dakota - For **respect** - being a good friend and showing respect to both peers and adults always

5B Amelia-Grace - For her improved **resilience**

5BL Cora - For always showing all of our core values: **accountability, resilience and respect!**

6P Pixie-Rose - **Resilience** - overcoming her fears

6B Lacey - For showing all of our core values always : **accountability, resilience and respect!**



Reading Awards

Well done to these children for earning their **BRONZE (25)** Reading Award and showing an excellent level of dedication to reading at home:

Year 4: Amber

Year 5: Alice

Well done to these children for earning their **SILVER (50)** Reading Award and showing an excellent level of dedication to reading at home:

Year 3: Sophia

Well done to these children for earning their **GOLD (100)** Reading Award and showing an excellent level of dedication to reading at home:

Year 5: Amelia

Year 6: Bella

Well done to these children for earning their **PLATINUM (125)** Reading Award and showing an excellent level of dedication to reading at home:

Year 3: Freya and Joanne

Well done to these children for earning their **RUBY (150)** Reading Award and showing an excellent level of dedication to reading at home:

Year 3: Emine

Year 6: Lucas, Dolly, Peyton and Ella

Well done to these children for earning their **EMERALD (175)** Reading Award and showing an excellent level of dedication to reading at home:

Year 3: Lexi

Year 4: George

Year 6: Harrison

Well done to these children for earning their **SAPPHIRE (200)** Reading Award and showing an excellent level of dedication to reading at home:

Year 6: Phoebe, Aurelia, Sophie & Jacob











My School Menu
Winter 2025 - 2026
Week commencing
 17th November, 8th December,
 14th January, 4th February,
 2nd March, 23rd March

Taste of Asia

Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|--|--|---|--|
| Option 1 | Chicken & tomato pasta Mustard Soya Gluten with garlic bread, Gluten Milk Soya & sweetcorn | Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame | Roast pork with Yorkshire pudding Milk Egg Gluten roast potatoes, stuffing Gluten carrots, broccoli & gravy | Nottinghamshire sausage hot dog Gluten Sulphur dioxide with pommes noisettes & crunchy vegetable sticks | Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas |
| PU | Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg | | | | |
| Pudding | Jelly with a cookie Gluten | Iced carrot cake Gluten Egg Sulphur Dioxide | Chocolate Cracknell Gluten Milk | Butterscotch shortcake Gluten Milk Soya | JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten |
| | AVAILABLE DAILY Best of both bread Gluten, Soya & fresh fruit. | | | | |

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1 - 23 March - 26 March (Monday - Thursday)

Hop on over for our

EASTER Lunch
Friday 27th March

Menu

Chip shop style Fish 'n' chips
 Gluten Fish
 with curry sauce
 Celery Egg Milk Mustard Soya Gluten
 &
 peas
 OR
 Jacket potato with either
 cheese
 Milk
 & beans
 or
 tuna mayonnaise
 Fish Egg
 ~~~~~  
 Easter Mini Egg Crispy Cake  
 Milk, Gluten

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Sherwood Junior School

2 - 27 March ONLY (Friday)

The menus can be also be found on our website [School Dinners | Sherwood Junior School](#)

Please ensure your child's ParentPay dinner money account is in credit and there is enough to pay for a school meal on the day, or the kitchen will be unable to provide a lunch.

## Dinner menus - Spring/Summer 26

Please see the attached images for a look at the upcoming dinner menus that will be in place for after the Easter break.

**Week commencing**  
13<sup>th</sup> April, 4<sup>th</sup> May,  
15<sup>th</sup> June, 6<sup>th</sup> July

**Week 1**

|             | Monday                                                                                                                                                                            | Tuesday                                                                                | Wednesday                                                                                                                 | Thursday                                                                                           | Friday                                                                                   |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Red Option  | Cheesy tomato pasta<br><small>Gluten Milk Mustard Soya</small><br>with garlic bread<br><small>Gluten Milk Soya</small><br>& vegetable sticks                                      | Pinwheel pizza<br><small>Gluten Milk</small><br>with diced potato & mixed salad        | Roast gammon with Yorkshire pudding<br><small>Gluten Egg Milk</small><br>roast potatoes, cauliflower, green beans & gravy | Nottinghamshire sausage<br><small>Gluten Soya Cheese</small><br>with mash, baked beans & sweetcorn | Fish<br><small>Gluten Fish</small><br>with chips, peas & tomato ketchup                  |
| Blue Option | Served daily:<br>Jacket potato with either cheese <small>Milk</small> & beans or tuna mayonnaise <small>Fish Egg</small><br>served with crunchy vegetable sticks or summery salad |                                                                                        |                                                                                                                           |                                                                                                    |                                                                                          |
|             | Available daily: Sliced bread <small>Gluten Soya</small> & fresh fruit                                                                                                            |                                                                                        |                                                                                                                           |                                                                                                    |                                                                                          |
| Pudding     | Fruit ice lolly                                                                                                                                                                   | Iced school cake<br><small>Gluten Egg Milk</small><br>& custard<br><small>Milk</small> | Chocolate crispie<br><small>Gluten</small>                                                                                | Butterscotch tart<br><small>Gluten Milk</small>                                                    | Banana mousse<br><small>Milk</small><br>with a shortbread crumb<br><small>Gluten</small> |

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3 - Spring/Summer 26 Week 1

**Week 2**

**Week commencing**  
20<sup>th</sup> April, 11<sup>th</sup> May,  
1<sup>st</sup> June, 22<sup>nd</sup> June,  
13<sup>th</sup> July

**SPRING**  
**SUMMER**

|                    | Monday                                                                                                                                                                            | Tuesday                                                                                                    | Wednesday                                                                                                                                                | Thursday                                                            | Friday                                                                                        |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <b>Red Option</b>  | Impossible™ 'Chicken' nuggets'<br><small>Gluten Soya</small><br>with potato balls, sweetcorn & tomato ketchup                                                                     | Chicken bolognese with spaghetti,<br><small>Gluten Mustard Soya</small><br>crusty bread & vegetable sticks | Nottinghamshire sausage<br><small>Gluten Soya Sesame</small><br>with Yorkshire pudding<br><small>Gluten Egg Milk</small><br>mash, broccoli, peas & gravy | Bacon chop with oven chips, peas & mayonnaise<br><small>Egg</small> | Fish finger wrap<br><small>Gluten Fish</small><br>with jacket wedges, sweetcorn & baked beans |
| <b>Blue Option</b> | Served daily:<br>Jacket potato with either cheese <small>Milk</small> & beans or tuna mayonnaise <small>Fish Egg</small><br>served with crunchy vegetable sticks or summery salad |                                                                                                            |                                                                                                                                                          |                                                                     |                                                                                               |
|                    | Available daily: Sliced bread <small>Gluten Soya</small> & fresh fruit                                                                                                            |                                                                                                            |                                                                                                                                                          |                                                                     |                                                                                               |
| <b>Pudding</b>     | Ice cream tub<br><small>Milk</small>                                                                                                                                              | Cornflake tart & custard<br><small>Gluten Milk</small>                                                     | Chocolate cookie<br><small>Gluten</small>                                                                                                                | Iced fairy cake<br><small>Gluten Egg</small>                        | Golden syrup flapjack<br><small>Gluten</small>                                                |

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4 - Spring/Summer 26 Week 2

**Week 3**

**Week commencing**  
27<sup>th</sup> April, 18<sup>th</sup> May,  
8<sup>th</sup> June, 29<sup>th</sup> June,  
20<sup>th</sup> July

**SPRING**  
**SUMMER**

|                    | Monday                                                                                                                                                                            | Tuesday                                                                                                                     | Wednesday                                                                                                     | Thursday                                                                                                                                                                             | Friday                                                                                                  |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Red Option</b>  | Cheese and tomato pizza<br><small>Gluten Milk Soya</small><br>with sweetcorn & mixed salad                                                                                        | Nottinghamshire sausage hotdog<br><small>Gluten Soya Sesame</small><br>with potato balls, vegetable sticks & tomato ketchup | Roast pork with Yorkshire pudding,<br><small>Gluten Egg Milk</small><br>roast potatoes, carrot, swede & gravy | Red tractor chicken meatballs in a tomato sauce, with pasta shape of the day,<br><small>Gluten Mustard Soya</small><br>garlic bread<br><small>Gluten Milk Soya</small><br>& broccoli | Battered fish goujons<br><small>Gluten Fish Soya</small><br>with oven chips, sweetcorn & tomato ketchup |
| <b>Blue Option</b> | Served daily:<br>Jacket potato with either cheese <small>Milk</small> & beans or tuna mayonnaise <small>Fish Egg</small><br>served with crunchy vegetable sticks or summery salad |                                                                                                                             |                                                                                                               |                                                                                                                                                                                      |                                                                                                         |
|                    | Available daily: Sliced bread <small>Gluten Soya</small> & fresh fruit                                                                                                            |                                                                                                                             |                                                                                                               |                                                                                                                                                                                      |                                                                                                         |
| <b>Pudding</b>     | Laughing Cow™ cheese<br><small>Milk</small><br>& crackers<br><small>Gluten</small>                                                                                                | Chocolate brownie<br><small>Gluten</small>                                                                                  | Apple muffin<br><small>Gluten Egg</small>                                                                     | Honey cake<br><small>Gluten Egg Milk</small><br>& custard<br><small>Milk</small>                                                                                                     | Jelly with a shortbread biscuit<br><small>Gluten</small>                                                |

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5 - Spring/Summer 26 Week 3

## Contact Us



**To report a child's absence 01623 842545** phone school and leave a message on the absence line or speak to the school office.

Please note, the school office email should not be used to report an absence.

If you have any questions, please speak to your child's class teacher or contact the school office.

Visit us on the web at [www.sherwood.notts.sch.uk](http://www.sherwood.notts.sch.uk)

Follow and like us on Facebook.