



22 September 2025

Sherwood Junior School Newsletter

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Dates for your diary



This week...

Monday 22 September - School clubs to start this week

Monday 22 September - Y6 Bikeability

Tuesday 23 September - Y6 Bikeability

Tuesday 23 September - Y4 trip to Magna

Thursday 25 September - School Council Elections

Details for any future trips or events will be provided nearer the time.

Autumn Term

Thursday 2 October - MHST Worry Workshops with Year 3 and Year 4

Monday 6 October - Parents Evening

Tuesday 7 October - Parents Evening

Friday 17 October - Last day at school

Friday 17 October - Young Writers 'I Have A Dream' poetry competition entries in by 9am on this day

Monday 20 October - Friday 31 October - Half term holiday (school closed)

Monday 3 November - INSET (children not in school)

Monday 3 November - Consent and payment for Year 5 Holocaust trip to be made by this date

Monday 3 November - Consent and payment for Year 3 trip to Creswell Crags to be made by this date

Tuesday 4 November - Children back to school

Thursday 6 November - Y6 Greek Workshop

Thursday 6 November - Year 5 Sleep Hygiene workshops with MHST

Friday 7 November - 5BL Swimming Starts

Monday 10 November - Y5 Holocaust Centre visit

Monday 10 November - Year 6 Sleep Hygiene workshops with MHST

Monday 10 November - Consent and payment for Year 6 Trip to The One Call Stadium to be made by this date

Monday 10 November - MHST 'Children's Emotional Health and Wellbeing' webinar for parents and carers (5-6:30pm)

Tuesday 11 November - Remembrance Day

Thursday 13 November - Y3 Creswell Craggs

Friday 19 December - Last day at school (no swimming)

Monday 22 December 2025 - Friday 2 January 2026 - Christmas holiday (school closed)

Spring Term

Monday 5 January 2026 - Children back to school

Friday 13 February - Last day at school

Monday 16 February - Friday 20 February - Half term holiday (school closed)

Monday 23 February - Children back at school

Friday 27 March - Last day at school

Monday 30 March - Friday 10 April - Easter holiday (school closed)

Summer Term

Monday 13 April - Children back to school

Monday 4 May - Bank Holiday (school closed)

Thursday 21 May - Last day at school

Friday 22 May - INSET (children not in school)

Monday 25 May - Friday 29 May - Half term holiday (school closed)

Monday 1 June - children back to school

Friday 24 July - Last day at school

Monday 27 July - INSET (children not in school)

Tuesday 28 July - School holiday (school closed)

Road Safety

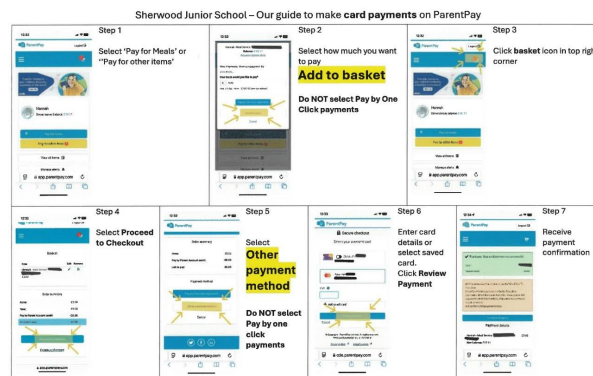
We would like to remind adults and children about taking care while crossing the road - looking both ways and being sensible while near the road. Whilst we have spoken to the children about this in school and reminded them to use the crossing and Crossing Patrol when crossing the road in front of school, we would appreciate parents/carers doing this also.

We would also like to ask parents/carers not to park on the yellow lines in front of and behind the school building.

Thank you for your support with this matter.



ParentPay



1 - Please see this quick guide to help you navigate ParentPay

We are aware that some of our Year 3 parents are new to ParentPay. Below is some guidance on how best to make payments for items.

Please do not use the 'One-click payment' method and choose 'other payment method', which will be linked to your credit/debit card (whichever one you entered). This payment is instant, as it would be if you were using your debit card to pay for something in a shop for example. There

will be no risk of you missing out on an offer if you choose to pay by debit card, and you will have the confidence in knowing payment is instant.

You can also add any amount of money into your Parent Account and use it to quickly check out and pay for upcoming items, as well as using the auto top up to avoid going into debt for meals.

Should you wish any further information, please contact the school office or see our step-by-step guide to making payments on ParentPay [Payments | Sherwood Junior School](#)

Young Writers 'I Have A Dream' Poetry Competition

With [National Poetry Day](#) on 2nd October, there is no better time to explore poetry with the Young Writers 'I Have A Dream!' poetry competition and we are inviting the children of Sherwood Junior School to take part, for a chance to be a published poet!

Whether your child imagines a world run by kids, they want to travel back to Ancient Egypt, picture their future career, wish for a kinder world, or explore a spooky nightmare - they could create a fabulous poem about any of these things to enter into the competition!

There are also some amazing prizes up for grabs -

The top 5 published writers will each win a fantastic goody bag, including a fitness watch and a trophy!

5 x runners-up will each win a £20 Smyths voucher.

Plus, every entrant receives a bookmark and a sticker for taking part. Pupils whose work Young Writers would like to publish also receive a certificate.

Pupil winners will be chosen from entries received in the Autumn Term 2025 from schools across the country that have permission to be published.

Here are the rules -

- Only one entry per child!
- Please ensure your child's name, age and school name are included on their entry form.
- ***Their poem should be completed on the entry form, which your child can collect from their class teacher from Tuesday 23rd September***
- Poems can be written in any poetic style & use any poetic techniques.
- Copyright remains with the author.
- UK entrants only.

- Free to enter.
- Pupils' work must be their own!

We can't wait to see all the wonderful entries, that must be returned to your child's class teacher or Mrs C Jackson no later than **9am on Friday 17th October!**

Watch the video attached for further information and happy writing!



Year 6 Trip to The One Call Stadium



Year 6 are planning to visit **The One Call Stadium on Wednesday 19 November** as part of our RSHE unit 'How we Grow' and take part in their well-being workshops and much more. Throughout the day they will take a tour of the stadium including the player's changing rooms, participate in our group workshops and take part in some football activities on the astro turf.

The cost of the trip per child is £10.75. Please make payment via ParentPay. You must also give consent for your child to attend the trip and provide an emergency contact number for the day of the trip via ParentPay.

If you are experiencing financial difficulties at this time and would like to discuss this, please contact the school office.

The coach will leave school at 9:00am so pupils will need to arrive on time to be registered prior to the trip. We will arrive back at school for the normal finishing time of 3:20pm, however if this changes significantly we will contact you by text.

Children are expected to wear their PE uniform and trainers, but no football shoes or astro trainers are to be worn. They will also need a warm coat.

Children will need a healthy packed lunch and drink (no fizzy drinks) in a bag or lunchbox. If your child receives free school meals and you would like school to provide a packed lunch, you will have the opportunity to order one via ParentPay.

Any parents with a DBS check carried out by school, who are available to support us on this day, please let us know.

Please make payment via your ParentPay account along with the necessary consent and contact details by **Monday 10th November 2025.**

Many thanks,

Mrs Bradbury and Miss Payne

Year 6 Teachers

Year 5 Trip to The Holocaust Centre

As part of their topic this term, which is WW2, Year 5 will be visiting the **Holocaust Centre at Laxton on Monday 10 November**. The children will have the opportunity to explore the museum as well as learn about what happened to Jewish children, particularly a boy called Leo, during the Second World War.

The cost of the trip per child is £15.10. Please make payment via ParentPay. You must also give consent for your child to attend the trip and provide an emergency contact number for the day of the trip via ParentPay.

If you are experiencing financial difficulties at this time and would like to discuss this, please contact the school office.

The coach will leave school at 9:15am so pupils will need to arrive on time to be registered prior to the trip. We will arrive back at school for the normal finishing time of 3:20pm, however if this changes significantly we will contact you by text.

Children are expected to wear full school uniform. Children will need a healthy packed lunch and drink (no fizzy drinks) in a bag or lunchbox. If your child receives free school meals and you would like school to provide a packed lunch, you will have the opportunity to order one via ParentPay.

Any parents with a DBS check carried out by school, who are available to support us on this day, please let us know.

Please make payment via your ParentPay account along with the necessary consent and contact details by **Monday 3rd November 2025**.

Many thanks

Mrs Bonsell and Miss Benson Loydall

Year 5 Teachers



Year 3 Trip to Creswell Crags



In Year 3 our current topic is Stone Age to Iron Age. As part of our learning, we have planned a visit to **Creswell Crags on Thursday 13 November**. During the day we will be visiting a cave to see what life was like for people in the Stone Age, thinking about the sights they would have seen and the tools they made and used. We will also be examining a range of rocks and

classifying them. We will think about whether Stone Age people might have found them on their travels.

The cost of the trip per child is £16.40. Please make payment via ParentPay. You must also give consent for your child to attend the trip and provide an emergency contact number for the day of the trip via ParentPay.

If you are experiencing financial difficulties at this time and would like to discuss this, please contact the school office.

The coach will leave school at 9:15am so pupils will need to arrive on time to be registered prior to the trip. We will arrive back at school for the normal finishing time of 3:20pm, however if this changes significantly we will contact you by text.

Children are expected to wear full school uniform on their top half, and warm bottoms (such as jogging trousers) with shoes suitable for walking outdoors and coats, hats etc. Children will need a healthy packed lunch and drink (no fizzy drinks) in a bag or lunchbox. If your child receives free school meals and you would like school to provide a packed lunch, you will have the opportunity to order one via ParentPay.

Any parents with a DBS check carried out by school, who are available to support us on this day, please let us know.

Please make payment via your ParentPay account along with the necessary consent and contact details by **Monday 3rd November 2025.**

Many thanks,

Mrs Horton and Mrs Murphy

Year 3 Teachers

Mental Health Support Team



A letter from the Mental Health Support Team (MHST) -

At the start of another school year, we would just like to take this opportunity to introduce ourselves to you as the Mental Health Support Team link worker and support worker for Sherwood Junior school.

The Mental Health Support Team (MHST) work in partnership with schools across Nottinghamshire to promote and support children and young people's emotional wellbeing and mental health.

The type of presenting issues we can help with are worry, anxiety, low mood, managing emotions, fears and phobias, panic and behaviours.

Our primary school offer includes -

For parents: these programmes are delivered weekly via a group and remotely (MS Teams)

- Managing Anxiety with Your Child (MAC) course (the aim of this group is to empower you as parent/carer to adopt Cognitive Behavioural Therapy (CBT) techniques to help your child overcome their fears and worries)
- Anxiety and Neurodiversity (this course explores what anxiety might look like in neurodivergent children (eg Autism, ADHD, dyslexia -your child doesn't need a formal diagnosis for you to attend) and teaches strategies and skills to support
- Forever Families (this course is based on the Incredible Years approach considering the links between behaviour and attention)

For children: we offer 2 children's programmes delivered in a small group situation in school (1 session per week over 6 weeks)

- Worry Warriors
- Self Esteem

Children for these programmes will be identified from the audit completed in school and school will speak to parents.

To access any of the above a referral would need to be made to our service. This can be done by school or by self-referral using this link [CAMHS Self-referral | Nottinghamshire Healthcare NHS Foundation Trust](#). Please speak to school about any concerns you may have for your child that we might be able to help with.

Part of our role is also to deliver 'whole school approach' initiatives in school for example assemblies and workshops, promoting and supporting mental health. These initiatives are for all children in school.

We will be in school on 2nd October delivering a 'Worry Workshop' to all children in year 3 and 4. This workshop will look at what worry is, the different types of worry and how we can manage any worries.

We also offer a parent webinar 'Children's Emotional Health and Wellbeing' which introduces our services and explores different types of common mental health difficulties in children and how we can support. The next one is **10th November 2025**. If you are interested, please pencil in your diary (**5-6.30pm**). School will share further information on this nearer the time.

If you would like any further information, please send an email for the attention of myself (Helen Betts) to camhsmhstrailblazer1@nottshc.nhs.uk

Thank you

Helen Betts

Education Mental Health Practitioner

Obiamaka Asiuloka

Support worker

Please see the attached leaflet for information on how to join the webinar on 10th November 2025.

Mental Health Support Team (MHST)

Children's Emotional Health & Wellbeing Webinar for Parents and Carers (Primary age)

This one and a half hour webinar aims to provide parents with a understanding of common mental health difficulties in young people. We will explore mental health difficulties such as anxiety and how this might present in primary aged young people. We will also explore how you can support a young person's mental health and how to refer to the MHST.

Children's Emotional Health & Wellbeing Webinar

Monday 10th November
2025 at 5-6.30pm



Parents can join via Web using this link:
<https://www.microsoft.com/en-gb/microsoft-teams/join-a-meeting>
by inputting the Meeting ID and
Passcodes from the poster, or by scanning
the QR code below. Please note, parents
won't be able to join until the day.



Uniform Reminder



We encourage our children to take a pride in their appearance and promote the image of the school. All children are expected to wear the school uniform:

- Bottle green jumper/cardigan or sweatshirt/fleece (with or without the school logo)
- Black/Grey trousers/skirt/shorts (jeans/denim are not allowed)
- White shirt/blouse
- Green/white summer dresses
- Grey and green tie (optional)
- Black shoes (not trainers) with low heels. *Please be aware that 'Astro trainers' in particular are deemed as unsuitable for school and should not be worn, as they damage the flooring in school.*

We ask that all items of clothing are clearly marked with pupils' names.

We would also like to remind parents/carers that children should be coming to school with a suitable coat at this time of year, as we endeavor to get them outdoors for breaks, dinner time and different curriculum lessons wherever possible.

Healthy Snacks



At Sherwood, we encourage all children to bring a snack into school for playtime as it is proven that this can help with focus and concentration in lessons and therefore enable them to make better progress. However, it is also important that we provide our children with appropriate snacks too.

Where possible, please aim to send your child with healthy options, such as: a piece of fruit, a cereal bar (no nuts) or small bag of crisps. Try to avoid chocolate or sweets, as these do not help sustain long periods of concentration nor are they healthy options.

At Sherwood, we work hard to encourage our pupils to see the value in being active and taking care of their health so we must ensure that their snack choices support this.

As always, we appreciate your support.

MDSA Vacancy



We are looking for a Midday Supervisor to join our busy, friendly and hardworking team. You will be working under the supervision of our Senior Midday Supervisor and our Senior Leadership Team. If you are looking for an exciting new challenge working in a rewarding environment, we want to hear from you!

If you would like to apply for this post, please email office@sherwood.notts.sch.uk for an application pack or call the school office on 01623 842545 for further information.

Golden Tickets

Golden tickets are awarded by our senior leaders (Mrs Simpson, Mrs Bradbury, Mrs Seals & Mrs C Jackson) to individuals, groups or the whole class for demonstrating our school core values, including their attitude to learning and behaviour. Each senior leader has 20 golden tickets to present each week. Each class collects their golden tickets and a weekly total is shared in

assembly. The overall scores are displayed on our leader board in the upper hall. The class with the most golden tickets at the end of the half-term receives £30 to spend on a treat!

Well done to **4B** for being last week's golden ticket winners and achieving an amazing **7** golden tickets each!

This means that **4B** are our current leaders for the £30 prize - the race is on!



Tea Party

Well done to this academic year's first group of Tea Party winners - you're all superstars!

Children receive a certificate, a treat and then attend a 'Tea Party' to have a drink, a treat and play games - how exciting!

3H Hudson - For his effort in maths - you have been spotted!

3M Molly - Building her independence and confidence in class.

4S Annie - For her fantastic attitude in maths.

4B Lyle - Being a shining example and an 'active' learner.

5B Poppy - For being a great role model and settling into Y5 brilliantly.

5BL Miah - For fully immersing herself in forest school and climbing a tree even though she was scared.

6P Phoebe - Great work ethic and enthusiasm.

6B Azuolas - Thank you for your confident contributions, especially in Guided Reading!



Attendance



The overall attendance for last week was **94.4%**

184 pupils had 100% attendance last week - amazing work Sherwood!

We monitor the children's attendance every day and will contact parents where there are concerns. If your child is unwell, please contact the school office to inform us of your child's absence.

Last week's attendance winners were:

- | | | |
|------|---------------|-------------------|
| 1st: | - 3H - 99.7% | Superb! |
| 2nd | - 5BL - 99.3% | Wonderful! |
| 3rd | - 6B - 96% | Fabulous! |

Too ill to attend school?

Reminder: Children can attend school with minor ailments (e.g. toothache, stomach ache, headache, sore throat, cold), over the counter medicines can be given at home before school. School will contact you if they become too ill to remain in school. Children should be off school for 48 hours if they have sickness or diarrhoea.

Reporting Absence

It is a parent/carer's responsibility to notify school if their child is absent and a reason must be provided. We ask that parents/carers ring school to report their child's absence. A voicemail can be left on our pupil absence line.

If your child is unwell, please contact school with details of the nature of the illness so that we can log it and therefore track patterns, trends and common illnesses across school, year groups or individual classes. Should no reason be provided when initial contact is made with school, we will endeavour to make contact with parents to ascertain the nature of the illness as soon as possible.

Please see the NHS' school checklist poster for a quick guide of when to keep your child off school -

[Should I keep my child off school checklist poster](#)

Thank you for your continued support with this matter

Birthday Books



Happy birthday and happy reading to these children:

Year 3: Oliver & Jude

Year 4: Bobby & Mason

Year 5: Sophie

Year 6: Pixie

This Week's School Dinner Menu

We encourage the children to look at the menu at home with their adults, to discuss what they might choose each day so that if they do not like the menu or jacket potato option on a particular day, they can bring a packed lunch.

My School Menu

Spring/Summer 2025

Week 1

Week commencing
21 April, 12 May,
2 June, 23 June,
14 July,
1 Sept, 22 Sept,
13 October

Beef burger

Wednesdays



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian roll <small>Soya Milk Gluten</small> with baked beans, jacket wedges & sweetcorn	Cheesy tomato pasta shapes <small>Milk Mustard Soya Gluten</small> with garlic bread, <small>Gluten Milk Soya</small> sweetcorn & cucumber sticks	Beef burger <small>Egg Sesame Gluten Sulphur Dioxide</small> with oven chips, baked beans & peas	Yorkshire pudding wrap <small>Milk Egg Gluten</small> filled with roast turkey, roast potatoes, seasonal vegetables & gravy	Breaded fish <small>Fish Gluten</small> with potato balls, sweetcorn & peas
Option 2	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad	Jacket potato served with your choice of: cheese <small>Milk</small> , baked beans or tuna mayonnaise <small>Fish Egg</small> & mixed salad
Pudding	Honey & oat cookie <small>Gluten</small>	Chocolate muffin <small>Egg Gluten</small>	Vanilla ice cream tub <small>Milk</small>	Cornflake tart <small>Gluten Sulphur Dioxide</small> with custard <small>Milk</small>	Chocolate brownie <small>Gluten</small>

Available daily: Best of both bread, ~~potatoes~~, & fresh fruit


Nottinghamshire
County Council

2 - Please see the 'Week 1' menu for w/c 22nd September 2025

The menus can be also be found on our website [School Dinners | Sherwood Junior School](#)

Contact Us



To report a child's absence 01623 842545 phone school and leave a message on the absence line or speak to the school office.

Please note, the school office email should not be used to report an absence.

If you have any questions, please speak to your child's class teacher or contact the school office.

Visit us on the web at www.sherwood.notts.sch.uk

Follow and like us on Facebook.