



27 January 2025

## Sherwood Junior School Newsletter

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Dates for your diary



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*This week...*

***Tuesday 28 February - Year 5 Holes workshop***

*Next week...*

***Monday 3 February - Children's mental health week***

***Monday 3 February - Year 4/5 MHST Self esteem workshops***

***Tuesday 4 February - Year 5 Warsop Fieldwork trip***

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*Details for any future events or trips will be provided nearer the time.*

***Spring Term***

**Monday 10 February** - Year 6 Meden Sports Festival (Invite only)

**Tuesday 11 February** - Safer Internet Day

**Thursday 13 February** - TTRS Day

**Thursday 13 February** - Last day for Y6 to order CGP Revision Books

**Thursday 13 February** - Last day at school

**Friday 14 February** - INSET day (children not in school)

**Monday 17 February to Friday 21 February** - Half term holiday (school closed)

**Monday 24 February** - Children back to school

**Thursday 6 March** - World Book Day

**Friday 7 March** - Art Day

**Wednesday 12 March** - Y6 MHST Positive Body Image workshops

**Monday 17 March** - Y3 Trip to Perlethorpe

**Thursday 20 March & Friday 21 March:** Year 4 residential Sherwood Forest Youth Hostel

**Wednesday 26 March** - Scholastic Book Fayre

**Thursday 27 and Friday 28 March** - Mother's Day Breakfast

**Monday 31 March** - Easter Service at Church

**Monday 31 March and Tuesday 1 April** - Parent's Evening

**Friday 4 April** - Last day of school

**Monday 7 April to Monday 21 April** - Easter holiday (school closed)

### ***Summer Term***

**Tuesday 22 April** - Children back to school

**Friday 2 May** - Y4 Trip to Rushcliffe Park

**Thursday 8 May** - Y6 Residential Meeting for parents

**Monday 12 to Thursday 15 May** - SATs Week

**Friday 16 May** - Y6 Rounders Parent's Event

**Wednesday 21 May** - Y5 Trip to the National Space Centre

**Friday 23 May** - Last day of school

**Monday 26 May to Friday 30 May** - Half term holiday (school closed)

**Monday 2 June** - Children back to school

**Thursday 12 and Friday 13 June** - Father's Day Breakfast

**Tuesday 17 June & Wednesday 18 June:** Year 5 residential Mill Adventure Base

**Wednesday 16 July - Friday 18 July:** Year 6 residential Mount Cook

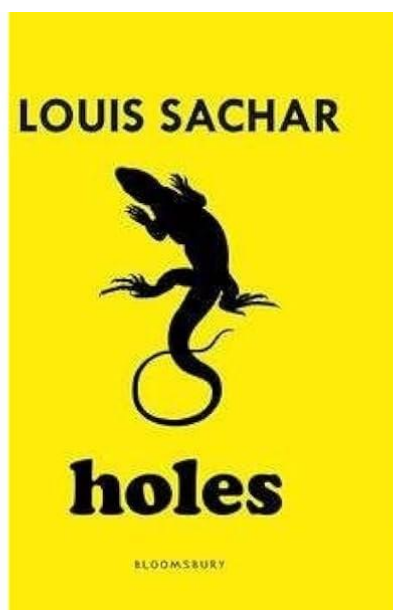
**Friday 25 July** - Last day of school

**Monday 28 July** - INSET (children not in school)

**Tuesday 29 July** - INSET (children not in school)

**Wednesday 30 July** - School holiday (school closed)

## Year 5 Holes Workshop



Year 5 will be welcoming Mansfield Palace Theatre into school this week and will be completing an exciting drama-based workshop around their popular class novel 'Holes'.

This workshop will help the children to further understand the characters in the book and transport them to Camp Green Lake! The children will be guided to show the feelings and emotions of the characters, which will help them in their Holes-based writing.

We're really looking forward to it!



It is that time of the year when there is a rise in the bugs, colds and other infections therefore keeping our children healthy and well has never been more important. We have many routines and procedures in place to help prevent the spread of further illness, however we have raised the profile of these with the children to ensure that we are all doing what we can to protect and take care of the health and well being of all our pupils. For example, we have increased the frequency of our routine handwashing in school and reminded the children about effective handwashing. Further information is available from the NHS: [How to wash your hands - NHS](#)

### *Is my child too ill for school?*

It can be tricky deciding whether or not to keep your child off school when they're unwell. There are government guidelines for schools about [health protection and managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone school on the first day. Let us know that your child won't be in and give us the reason. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let school know. We kindly ask you to share this information with us so we can identify any patterns or trends within classes, year groups or across school.

For further information, please see the NHS website [Is my child too ill for school? - NHS](#)

We have provided you with some information regarding some of the illnesses and infections we have had reported across school or within the local community. We have also included links to the relevant information that is available from the NHS which you may find useful.

Thank you for your support and cooperation.

# CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



# BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



# KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Cold and flu season is still upon us so we remain vigilant with helping reduce the spread of coughs and colds by reminding the children to **catch it, bin it, kill it** whenever they can and to use tissues when they cough or sneeze. Please send your child with a small pack of tissues if needed, however every classroom is always well stocked with tissues.

The NHS guidance states that you can usually treat a cold at home without seeing a GP. It's fine to send your child to school with a minor [cough](#) or [common cold](#). If they have a high temperature, keep them off school until it goes. Further guidance from the NHS can be found here: [Common cold - NHS](#)

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*Norovirus*

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Across Nottinghamshire, there has been an increase in outbreaks of norovirus, the winter vomiting bug, and we would like to remind parents and carers of key guidance to help reduce the risk of further spread within our school.

Anyone at any age can be affected by norovirus, it can be very unpleasant, but usually goes away in two to three days.

### *Symptoms*

The main symptoms of norovirus include a sudden onset of nausea, followed by projectile vomiting and diarrhoea. Other common symptoms can include:

- a high fever
- a headache
- aching arms and legs

The symptoms start suddenly within one to two days of being infected.

### *Prevention*

Everyone can stop the spread of norovirus through good hand hygiene. It is important to:

- Wash your hands frequently and thoroughly using soap and warm water, especially after using the toilet or being in contact with a sick individual, and before preparing and eating food.
- Stay off school until you have not been sick or had diarrhoea **for at least two days**.
- Do not visit hospitals or care homes during this time.
- Do not rely on alcohol gels instead of washing your hands, as these do not kill norovirus.
- Wash any contaminated clothing or bedding using detergent on a hot wash, and, if possible, wear disposable gloves to handle contaminated items.
- Disinfect contaminated surfaces, using bleach-based cleaning products where possible.

For further information about norovirus, please go to the NHS norovirus webpage:

<https://www.nhs.uk/conditions/norovirus/>

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### *Threadworm*

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Threadworms (pinworms) are tiny worms in your poo. They're common in children and spread easily. You can treat them without seeing a GP. You can buy medicine for threadworms from pharmacies. Treat everyone over 2 years old in your household, even if they do not have symptoms.

Threadworms spread when their eggs are swallowed. They lay eggs around your bottom (anus), which make it itchy. The eggs get stuck on your fingers when you scratch. They can then pass on to anything you touch, including:

- clothes
- toys
- toothbrushes
- kitchen or bathroom surfaces
- bedding
- food

Eggs can pass to other people when they touch these surfaces and then touch their mouth. The eggs can survive up to 2 weeks. The larvae hatch from the eggs in your gut after you swallow them, and take 1 to 2 months to mature into threadworms.

Children can get threadworms again after they've been treated for them if they get the eggs in their mouth. This is why it's important to encourage children to wash their hands regularly.

If a member of your household or your child has threadworms there's no need to stay off school.

For further guidance on treating threadworm and what you should do in the home, please see the NHS website: [Threadworms - NHS](#)

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### *Headlice and Nits*

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We receive regular reports from parents/carers of headlice, as do all primary schools. We encourage all parents to regularly check their child's hair and take the necessary action if your child does have headlice. There's no need to keep your child off school if they have head lice.

Guidance and advice can be found on the NHS website: [Head lice and nits - NHS](#)

#### *How to Get Rid of Head Lice*

- Treat head lice as soon as you spot them.
- You should check everyone in the house and start treating anyone who has head lice on the same day.

#### *Wet combing*

Lice and nits can be removed by wet combing. You should try this method first. You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits. There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

## Swap Screen Time for Green Time



**Wildlife  
Watch**

**Swap screen time for green time**  
**Mansfield and Ashfield Wildlife Watch Group**

**Who?**  
Anyone aged between 7 - 13

**Where?**  
St. Mark's Church Hall, Nottingham Road,  
Mansfield NG18 1BP

**When?**  
First Saturday of every month  
10.30 – 12.30

For more information please contact  
Sarah Spurry, Watch Leader  
by email:  
[mansfieldwatch@nottswt.co.uk](mailto:mansfieldwatch@nottswt.co.uk) or mobile on 07885169111



**Nottinghamshire**  
Wildlife Trust

The Wildlife Watch Group in Mansfield have asked us to share this information with you. They would like to encourage more children to appreciate and enjoy our local green spaces and to learn about the River Maun and the wildlife on our local nature reserves at Quarry Lane and Oakham.

## Tea Party



Well done to last week's Tea Party winners - you're all superstars! Children receive a certificate, a treat and then attend a 'Tea Party' during the following week, to have a drink, a treat and play games - how exciting!

3H Lilly -May - For showing a growth mindset attitude in all areas of our learning.

3M Pola - For being an excellent role model and showing super determination.

4J Elexi - For always having a positive attitude towards all of her learning.

4B Harriet - For being an active learner and taking part in all lessons with amazing enthusiasm. She is a shining example to others.

5B Mila-Grace - For always making us smile; working hard in most lessons and sharing her brilliant sense of humour.

5N Finley - It's like he's never been away from Sherwood! We have been so impressed with his attitude to learning especially in maths.

6P Pippa - For always being helpful, kind and caring.

6B Jude - For his brilliant in progress in maths! His hard work in lessons is paying off in his excellent test scores!

## Attendance



The overall attendance for last week was 93.7%

We monitor the children's attendance every day and will contact parents where there are concerns. If your child is unwell, please contact the school office to inform us of your child's absence.

*Last week's attendance winners were:*

1st: - 4J 96.1% Amazing!

2nd - 3H 95.5% Fantastic!

3rd - 3M 95.4% Super!

## Reading Certificates

Well done to these children for earning their **BRONZE** Reading Award and showing a super level of dedication to reading at home.

Year 3: Lily-Grace, Ivy

Year 4: Koby, Tayah, Clayton

Year 5: Karina, Taylor

Year 6: Parker

Well done to these children for earning their **SILVER** Reading Award and showing a brilliant level of dedication to reading at home.

Year 3: Thea, Isla

Year 4: Libby

Well done to these children for earning their **DIAMOND** Reading Award and showing a tremendous level of dedication to reading at home.

Year 3: Mason

Year 4: Poppy, Lyla, Riley

Year 5: Lacey

Well done to these children for earning their **GOLD** Reading Awards this year and showing a superb level of dedication to reading at home.

Year 3: Rebecca, Michelle

Year 5: Noah, Josie

Year 6: Joshua

CONGRATULATIONS to these children for earning their **PLATINUM** Reading Awards this year and showing a superb level of dedication to reading at home.

Year 3: Rebecca, Honey, Jack

Year 4: Kayla

Year 5: Jayden

Year 6: Pippa







## Golden Tickets



Golden tickets are awarded by our senior leaders (Mrs Simpson, Mrs Bradbury & Miss Johnson) to individuals, groups or the whole class for demonstrating our school core values, including their attitude to learning and behaviour. Each senior leader has 20 golden tickets to present each week. Each class collects their golden tickets and a weekly total is shared in assembly. The overall scores are displayed on our leader board in the upper hall. The class with the most golden tickets at the end of the half-term receives £30 to spend on a treat!

Well done to **5N** for being the winners of the week last week and achieving an amazing **4** golden tickets each!

However, **4J** are still in the lead for this term's £30 prize - **Congratulations!**

It remains a very close race; anyone could easily win it and steal the lead from 4J.

## Birthday Books

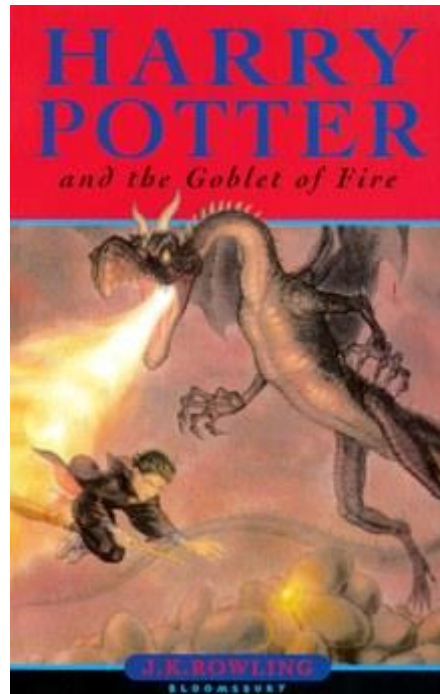


Happy birthday and happy reading to these children:

**Year 3:** Honey, Ava-Louise, Lily-Grace

**Year 4:** Cooper

## Recommended Reads



Reading for pleasure is very important at Sherwood Junior School, so we are going to share a recommended read each week chosen by either the adults or children in school.

If your child would like to share their recommended read they can get a form from Mrs Bradbury's and Mrs Naylor's office door and return it to Miss Johnson so it can be shared in a future newsletter.

This week we have a recommended read from Bobbie in Year 3. His favourite read is Harry Potter and the goblet of fire by J.K Rowling.

*The Triwizard Tournament is to be held at Hogwarts. Only wizards who are over seventeen are allowed to enter - but that doesn't stop Harry dreaming that he will win the competition. Then at Halloween, when the Goblet of Fire makes its selection, Harry is amazed to find his name is one of those that the magical cup picks out. He will face death-defying tasks, dragons and Dark wizards, but with the help of his best friends, Ron and Hermione, he might just make it through - alive!*

Bobbie thought this book was great, as it is full of adventure and dragons.

## Joke of the Week

This week our joke comes from Joshua in 6P.

Q: Why do crows always get hit by lorries?

A: Because they can only say 'car-car'!

# J<sup>of the</sup> JOKE WEEK

## This Week's School Dinner Menu

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*Week 1 Menu*

*27 - 24 January*

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### **Menu Changes**

There have been 2 changes within the 3 week menu cycle:

Week 1, Friday - pudding has changed to ice cream

Week 2, Tuesday - the dinner option will now be mince, mash potatoes and Yorkshire pudding.

Please note that all menus for the 3 week cycle can also be found on our school website via the link below -

<https://www.sherwood.notts.sch.uk/school-dinners/>

**WEEK 1**  
WEEK COMMENCING  
4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,  
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

**AVAILABLE DAILY:** Best of both bread **dinner**, **tea** fresh fruit. Vegetarian meals available upon request

**MY SCHOOL MENU**  
RETURN/WINTER 2024-25

TASTE NATURE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Quorn dippers <b>dinner</b> , diced potatoes, sweetcorn & sliced carrots	Chicken & coconut curry <b>tea</b> , mixed rice & naan bread <b>dinner</b>	French bread pizza, with sliced cheese potato balls, carrot & cucumber sticks	Roast Beef OR Roast Quorn <b>tea</b> <b>egg</b> Yorkshire pudding <b>tea</b> <b>tea</b> <b>dinner</b> , baby roast potatoes, green cabbage, sliced carrots & gravy	MSC fish portion, <b>tea</b> <b>dinner</b> oven chips, mashy peas & sweetcorn
<b>OPTION 2</b>	Jacket potato, cheese <b>tea</b> , baked beans & mixed salad	Jacket potato, cheese <b>tea</b> , baked beans & mixed salad	Jacket potato, cheese <b>tea</b> , baked beans & mixed salad	Jacket potato, cheese <b>tea</b> , baked beans & mixed salad	Jacket potato, cheese <b>tea</b> , baked beans & mixed salad
<b>PUDDING</b>	Icky sticky sponge <b>tea</b> <b>egg</b> <b>dinner</b> & cream <b>tea</b>	Chocolate brownie <b>dinner</b>	Vanilla sponge <b>dinner</b> <b>egg</b> & custard <b>tea</b>	Iced spritzle cookie <b>dinner</b>	Ice cream tub <b>tea</b>

Nottinghamshire  
County Council

## Contact Us



**To report a child's absence 01623 842545** phone school and leave a message on the absence line or speak to the school office

**Breakfast club bookings/enquiries** [breakfastclub@sherwood.notts.sch.uk](mailto:breakfastclub@sherwood.notts.sch.uk)

Please note, the school office email should not be used to report an absence or for breakfast club enquiries.

If you have any questions, please speak to your child's class teacher or contact the school office.

Visit us on the web at [www.sherwood.notts.sch.uk](http://www.sherwood.notts.sch.uk)

Follow and like us on Facebook.